

How to make pilgrimage

Set your destination.

Follow in the footsteps of thousands of pilgrims to the Shrine of St Richard, a 13th century bishop of Chichester whose relics lie behind the High Altar at Chichester Cathedral.



Set your intention.

Give your walk a purpose unique to you. All of us usually have at least one question we want answering, to bring into our lives, or let go of. So choose something profound or mundane, and dedicate your journey to that purpose.

Walk.

Allow the rhythm of your footsteps to release the everyday thoughts from your mind. Be ever-present to all around you; the wildlife, landscapes, skies, paths, villages, architecture, locals, strangers, stories, sounds, smells, textures, weathers. The world may start to resonate with your intention.

Want to learn more about pilgrimage?

You can find lots of information about pilgrimage, including tips, routes and more at

www.britishpilgrimage.org



CHICHESTER
CATHEDRAL

Chichester Cathedral Mini Pilgrimage

Bosham to Chichester, 6 miles

Pilgrimage is journeying with purpose on foot to holy places. Discover the holistic benefits of this tradition with a one day route through spectacular landscapes steeped in history.



Darkness Into Light

Darkness Into Light is an exhibition of multi-layered, meditative artworks by Artist Michèle Griffiths which will be on display at Chichester Cathedral from 23rd June 2021 to 8th August 2021.

Make pilgrimage to the Cathedral to explore the possibility of hope in dark times, and discover the marks made in the walls by pilgrims centuries before you.

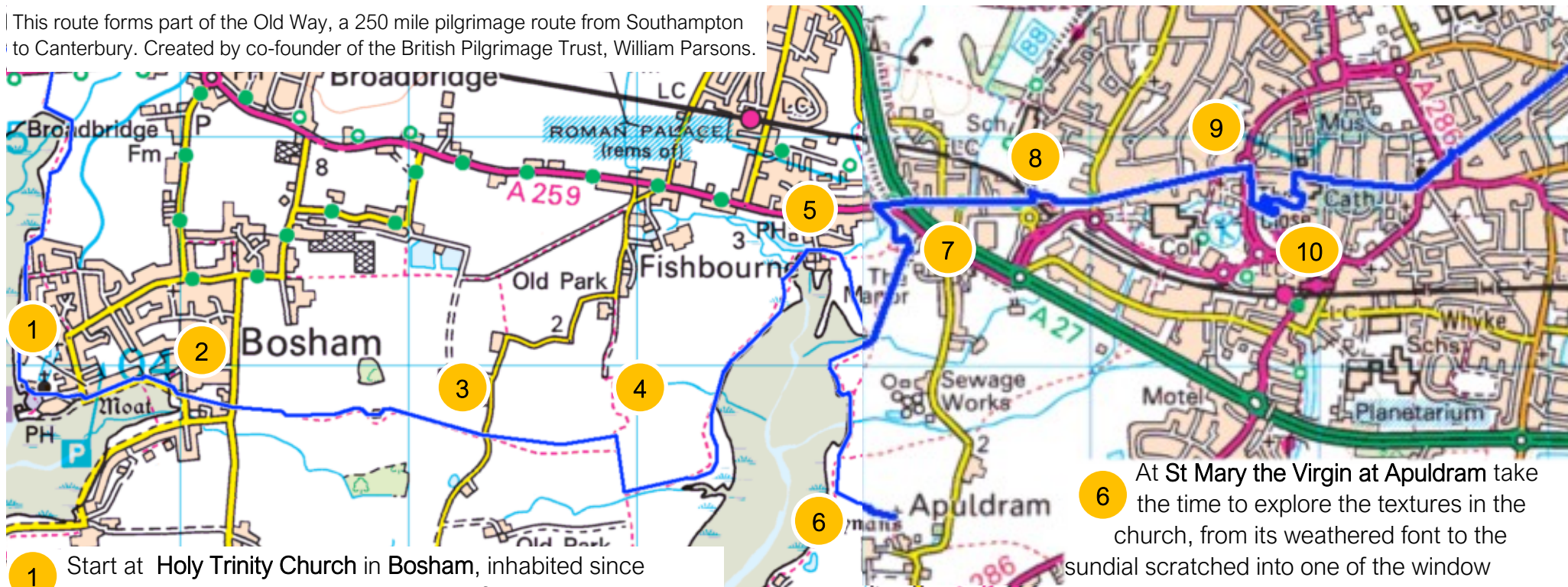
Navigating

You don't have to be an expert at map reading:

Free downloads of google map and GPX files are available for use with your smartphone here

<https://britishpilgrimage.org/chichester-cathedral-darkness-into-light/>

This route forms part of the Old Way, a 250 mile pilgrimage route from Southampton to Canterbury. Created by co-founder of the British Pilgrimage Trust, William Parsons.



- 1 Start at **Holy Trinity Church** in **Bosham**, inhabited since Roman times this village has witnessed famous moments in history, such as Canute's tussle with the sea and even features in the Bayeux tapestry. Take in the peacefulness of the church and set your intention, before heading around the quay.
- 2 When Shore Lane joins The Drive, turn left, and you will find a footpath on the right just past Rithe End house. Follow this and cross over the road at the end to cross the fields. If you are lucky you may hear some skylarks singing.
- 3 Cross over Oak Park Lane and follow the hedgeline.
- 4 Catch your first glimpse of the **cathedral spire**. Turn right, and follow the path round to the left to pass through **oaks and reeds**. Pause for a while and listen to the wildlife here.
- 5 Just after the **millpond**, cross the road. As the path forks, take the right to take in Apuldram, or left for a shortcut to no.7.

- 6 At **St Mary the Virgin at Apuldram** take the time to explore the textures in the church, from its weathered font to the sundial scratched into one of the window frames. Revisit your intention before moving on.
- 7 Head back the way you came, this time taking the righthand paths when you cross the two rivers.
- 8 After **St Peter and St Mary Church** at Fishbourne, cross over the A259 and turn left, crossing under the dual carriage way and heading up Westgate.
- 9 Follow the Westgate past the mini roundabout all the way until the big roundabout, here turn right to enter the Cathedral precincts via the **Bishops Palace Gardens**.
- 10 Rest awhile in the gardens, take off your shoes and walk in the grass to refresh yourself before entering the cathedral. When inside, explore the ***Darkness Into Light*** exhibition, perhaps look for some of the original pilgrim marks that inspired it. Consider the experiences you accumulated on your pilgrimage, and take the time to contemplate your intention.