

CHICHESTER CATHEDRAL

SUNDAY 22 FEBRUARY FIRST SUNDAY OF LENT

This sheet contains the hymns, readings and prayers of the day for this service; you can follow all other parts of the service in the mauve 'Sung Eucharist' booklet.

11.00am Sung Eucharist

Celebrant: The Dean, The Very Revd Dr Edward Dowler

Preacher: The Revd Canon Dr Earl Collins, Chancellor

From 10.55am, please maintain a prayerful silence in preparation for the service.

ENTRANCE HYMN

Forty days and forty nights
thou wast fasting in the wild,
forty days and forty nights
tempted and yet undefiled.

Sunbeams scorching all the day,
chilly dewdrops nightly shed,
prowling beasts about thy way,
stones thy pillow, earth thy bed.

Let us thine endurance share,
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain.

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine,
holier gladness ours shall be,
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side,
that with thee we may appear
at the eternal Eastertide.

Words: *G. H. Smyttan (1822-1870)*
and *Francis Pott (1832-1909)*

Music: AUS DER TIEFE,
Nürnbergisches Gesangbuch (1676)

COLLECT

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we

know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING Genesis 2: 15-17; 3: 1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

PSALM 32

Blessed is he whose unrighteousness is forgiven : and whose sin is covered.

Blessed is the man unto whom the Lord imputeth no sin : and in whose spirit there is no guile.

For while I held my tongue : my bones consumed away through my daily complaining.

For thy hand is heavy upon me day and night : and my moisture is like the drought in summer.

I will acknowledge my sin unto thee : and mine unrighteousness have I not hid.

I said, I will confess my sins unto the Lord : and so thou forgavest the wickedness of my sin.

For this shall every one that is godly make his prayer unto thee, in a time when thou mayest be found : but in the great water-floods they shall not come nigh him.

Thou art a place to hide me in, thou shalt preserve me from trouble : thou shalt compass me about with songs of deliverance.

I will inform thee, and teach thee in the way wherein thou shalt go : and I will guide thee with mine eye.

Be ye not like to horse and mule, which have no understanding : whose mouths must be held with bit and bridle, lest they fall upon thee.

Great plagues remain for the ungodly : but whoso putteth his trust in the Lord, mercy embraceth him on every side.

Be glad, O ye righteous, and rejoice in the Lord : and be joyful, all ye that are true of heart.

SECOND READING Romans 5: 12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. For just as by the one person's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

GOSPEL ACCLAMATION

One does not live by bread alone, but by every word that comes from the mouth of God.

GOSPEL READING Matthew 4: 1-11

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

OFFERTORY HYMN

Dear Lord and Father of mankind,
forgive our foolish ways!
Re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still small voice of calm!

Words: John Whittier (1807-1892)

Music: REPTON, C. Hubert H. Parry (1848-1918)

COMMUNION HYMN—*please remain seated*

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O, save me from the snares of hell,
thou quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.

Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

Words: Isaac Williams (1802-1865)

Music: ABRIDGE, Isaac Smith (1734-1805)

PRAYER AFTER COMMUNION

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread,

and enable us to live by every word that proceeds from out of your mouth;
through Jesus Christ our Lord. **Amen.**

FINAL HYMN

O Jesus, I have promised
to serve thee to the end;
be thou for ever near me,
my Master and my Friend;
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.

O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end;
O give me grace to follow,
my Master and my Friend.

O let me see thy footmarks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone;
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

Words: *John Bode (1816-1874)*

Music: *WOLVERCOTE, William H. Ferguson (1874-1950)*

TODAY'S MUSIC

Sung by the choir of Holy Trinity, Bledlow

Mass setting: Mass in A minor
Claudio Casciolini (1697-1760)

Motet: Thou knowest, Lord
Henry Purcell (1659-1695)

Closing Music: Chorale Prelude on 'Aus tiefer Not
schrei ich zu dir', BWV 686
Johann Sebastian Bach (1685-1750)

SERVICES THIS WEEK AT THE CATHEDRAL

Monday-Saturday

7.30am **Quiet prayer** (St Clement Chapel)

7.45am **Morning Prayer** (St Clement Chapel)

8.00am **Holy Communion** (Lady Chapel)

5.30pm **Choral Evensong**

Thursdays during Lent

10.30am **Holy Communion** according to the Book of Common Prayer.

1.00pm **Holy Hour** in the Lady Chapel

Sunday 29 February—Second Sunday of Lent

8.00am **Holy Communion** (BCP)

9.00am **Eucharist** for children, families and caregivers

10.00am **Choral Mattins**

11.00am **Choral Eucharist**

3.00pm **Choral Evensong**

We are delighted to welcome the choir of Holy Trinity Church, Bledlow, to sing our services this weekend.

On Wednesday we welcome the Otter Consort of the University of Chichester to sing Evensong.

NOTICES

The Creed At the 11am Eucharist on Sundays from the second Sunday in Lent (next Sunday) and for the remainder of Lent, we will sing the Creed to the traditional Anglican setting by John Merbecke. A theme that was explored in the 1700th anniversary of the Nicene Creed last year is that it has a 'doxological' character, i.e., that it is like a hymn of praise rather than simply a checklist of beliefs. It is hoped that singing it for this experimental period will emphasise this.

Refreshments All members of the congregation are welcome to refreshments after the 11am Eucharist. A cup of coffee is available or, during the penitential season of Lent, a glass of cordial rather than wine.

Sermons on the website Preachers at the Sunday Eucharist and other special services will often choose to publish their sermons on the Cathedral website. These are available for you to download and use in your personal reflections and learning for one month after the service. Simply visit www.chichestercathedral.org.uk and navigate to 'Worship' followed by 'Sermons'.

Tuesday Lunchtime Concerts This week, 24 February at 1.10pm, we welcome organist Benjamin Chewter. Entry is free, donations are welcome. Coffee is available, please bring your own mug.

Please see the separate flyer for details of our programme of services and events during Lent, Holy Week and Easter.

The **Lent Course: Approaching Easter with Matthew's Gospel** is now **fully booked**. Please email chris.george@chichestercathedral.org.uk to join the waiting list. You might also consider other opportunities on offer, including the Lent Home Group taking place each Wednesday evening during Lent in the Deanery, also examining St Matthew's Gospel.

Residential Retreat: The Art of Easter—The Resurrection in Word and Image Sunday 1—Tuesday 3 March. We invite participants to step out of the intensity of their life into a period of contemplation, largely spent in silence, on the theme of the Resurrection from Good Friday through to the Ascension using a combination of art and the bible as a guide. Sessions take place in the Cathedral and George Bell House. Further details available on the website. Please call 01243 813586 or email bookings@chichestercathedral.org.uk to book residential places. Day attendance only can be booked online at www.ticketsource.co.uk/chichester-cathedral Cost: £190 per person residential; £160 per person sharing a twin/double room; £55 day attendance on 2/3 March only (supper not included).

Glowing + Alive This year marks the 60th anniversary of the unveiling the Piper Tapestry. Striking, colourful and dramatic, it continues to inspire reflection and wonder six decades on. Our new exhibition—now open and running until November—brings the story of the tapestry to life through personal correspondence, including between John Piper and Dean Hussey. It also showcases alternative designs for the tapestry as well as vestments designed by Piper, offering rare insight into the creative collaboration behind this iconic work. Entry is free, donations very welcome.

A complementary exhibition of new artworks by contemporary artist Alice Carter, **Ashes to Fire**, will comprise seven large-scale oil paintings, journeying from Ash Wednesday to Pentecost, in a fascinating dialogue with Piper's masterpiece. 13 February to 5 April.

World Day of Prayer—Chichester Area Service Friday 6 March, 2.00pm, St George's Whyke. The World Day of Prayer 2026 has been prepared by an ecumenical group of Christian women from Nigeria, who call us to come closer to God and find rest in Him. The service shares the stories of four Nigerian women, who inspire us to work towards a world without injustice, insecurity, marginalisation, religious persecution, poverty and despair. As we trust in God, our burden-bearer, we become one body in Christ.

The World Day of Prayer is a women led, global, ecumenical movement.

Soup & roll lunch served from 12.30pm. For more information contact Sheila Hoy: s.m.hoy@hotmail.co.uk

Chorister Open Day Saturday 21 March, 1.30-4.30pm. Find out more about the Choristers of Chichester Cath-

edral at our annual open day. This event is suitable for girls and boys in Years 2, 3, 4 and 5, as well as their parent/guardians. We do not expect candidates to have any musical experience when they join the choir—we look for energy, enthusiasm and good reading skills. To book your space, or ask further questions, email chris.george@chichestercathedral.org.uk

Friends Visit to Bletchley Park Saturday 13 June. Join the Friends for a 1940s themed day at the home of Britain's top secret World War II code breakers. The cost of the trip, by coach, is £65pp and includes entry to Bletchley Park. Depart from the Cathedral at 8.00am, return at 5.30pm. Tickets are available via www.chichestercathedral.org.uk/friends or on 01243 812980 (Tuesday/Friday mornings)

Worthing Theological Society *Bonhoeffer's method of Joy* A talk by Dr Ashley Cocksworth. Monday 23 February, 7.45pm, West Worthing Baptist Church. Admission free, donations welcome. More information from honsecwts1@outlook.com

Christian Aid lunches During Advent and Lent, churches in Chichester take it in turns to provide Soup lunches at Christ Church (at the end of South Street) each Wednesday between 12.00 and 1.00pm in support of Christian Aid. While there is no charge, donations are welcomed and everything you give goes directly to Christian Aid. The first is on 25 February and the Cathedral is supplying soup etc on 4 March, then the lunches continue on Wednesdays through Lent. It would be lovely if this ecumenical initiative could be supported by members of the congregation.

CONTACT INFORMATION If you have a notice relevant to the ministry and mission of the Cathedral that you would like to submit for this notice sheet, please contact: chris.george@chichestercathedral.org.uk by 5pm on Tuesday.

If you have any **safeguarding concerns** in relation to the Cathedral, please contact safeguarding@chichestercathedral.org.uk or speak to a member of our Safeguarding team [please see the website or our Safeguarding posters for more details].

If you are able to make a donation to the Cathedral...

The Parish Giving Scheme (PGS) is a secure and simple way of giving to the Cathedral by Direct Debit on a regular monthly, quarterly or annual basis. If eligible, you can opt to add Gift Aid and PGS claims this on our behalf, passing it directly back to the Cathedral.

- **Online** Visit www.parishgiving.org.uk and search for 'Chichester Cathedral'; **By phone** 0333 002 1271, Monday to Friday, 9.00 to 5.00; **By post** Using the PGS application form. A copy is available to collect from the Visitors' Desk or the Vergers' Office.