

CHICHESTER CATHEDRAL

SUNDAY 8 MARCH THIRD SUNDAY OF LENT

This sheet contains the hymns, readings and prayers of the day for this service; you can follow all other parts of the service in the mauve 'Sung Eucharist' booklet.

11.00am Sung Eucharist

Celebrant: The Dean, The Very Revd Dr Edward Dowler

Preacher: The Revd Canon Vanessa Baron, Treasurer

From 10.55am, please maintain a prayerful silence in preparation for the service.

ENTRANCE HYMN

Glorious things of thee are spoken,
Sion, city of our God;
he whose word cannot be broken
formed thee for his own abode:
on the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.

See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove:
who can faint, while such a river
ever flows their thirst to assuage?
Grace, which like the Lord the giver,
never fails from age to age.

Saviour, if of Sion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name:
fading is the worldling's pleasure,
all his boasted pomp and show,
solid joys and lasting treasure
none but Sion's children know.

Words: John Newton (1725-1807)

Music: ABBOT'S LEIGH, Cyril Leigh (1907-1991)

COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING Exodus 17: 1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

PSALM 95: 1-2, 6-9

O come, let us sing unto the Lord : let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving : and shew ourselves glad in him with psalms.

O come, let us worship and fall down : and kneel before the Lord our Maker.

For he is the Lord our God : and we are the people of his pasture, and the sheep of his hand.

To-day if ye will hear his voice, harden not your hearts : as in the provocation, and as in the day of temptation in the wilderness;

When your fathers tempted me : proved me, and saw my works.

SECOND READING Romans 5: 1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much

more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

GOSPEL ACCLAMATION

Jesus says, 'Those who drink of the water that I will give them will never be thirsty; it will become in them a spring of water gushing up to eternal life.'

GOSPEL READING John 4: 5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the

woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

OFFERTORY HYMN

I heard the voice of Jesus say,
'Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast.'
I came to Jesus as I was,
weary, and worn, and sad;
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say,
'Behold, I freely give
the living water, thirsty one;
stoop down, and drink, and live.'
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
'I am this dark world's Light;
look unto me, thy morn shall rise,
and all thy day be bright.'
I looked to Jesus, and I found
in him my Star, my Sun;
and in that light of life I'll walk
till travelling days are done.

Words: *Horatius Bonar (1808-1889)*

Music: *KINGSFOLD, English folk song,
adapted by Ralph Vaughan Williams (1872-1958)*

COMMUNION HYMN—*please remain seated*

As pants the hart for cooling streams
when heated in the chase,
so longs my soul, O God, for thee,
and thy refreshing grace.

For thee, my God, the living God,
my thirsty soul doth pine:
O when shall I behold thy face,
thou Majesty Divine!

Why restless, why cast down, my soul?
Hope still, and thou shalt sing
the praise of him who is thy God,
thy health's eternal spring.

To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore. Amen.

Words: *Tate and Brady New Version (1696)*

Music: *MARTYRDOM, contributed by Wilson (1766-1824)*
to *R. A. Smith's Sacred Harmony (1825)*

PRAYER AFTER COMMUNION

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen.**

FINAL HYMN

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,
hold me with thy powerful hand:
bread of heaven,
feed me till I want no more.

Open now the crystal fountain
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
Death of death, and hell's Destruction,
land me safe on Canaan's side:
songs of praises
I will ever give to thee.

Words: *William Williams (1717-1791),*
tr. Peter Williams (1727-1796) and others

Music: *CYM RHONDDA, John Hughes (1873-1932)*

TODAY'S MUSIC

Mass setting:	Communion Service in F <i>Herbert Sumsion (1899-1995)</i>
Motet:	Author of life divine <i>Harold East (b. 1947)</i>
Closing Music:	Prelude in C major, BWV 545i <i>Johann Sebastian Bach (1685-1750)</i>

SERVICES THIS WEEK AT THE CATHEDRAL

Monday-Saturday

- 7.30am **Quiet prayer** (St Clement Chapel)
7.45am **Morning Prayer** (St Clement Chapel)
8.00am **Holy Communion** (Lady Chapel)
5.30pm **Choral Evensong** (Wednesday, Saturday—
said Evening Prayer)

Thursdays during Lent

- 10.30am **Holy Communion** according to the Book of
Common Prayer
1.00pm **Holy Hour** in the Lady Chapel

Sunday 15 March—Fourth Sunday of Lent

Mothering Sunday

- 8.00am **Holy Communion** (BCP)
9.00am **Eucharist** for children, families & caregivers
10.00am **Choral Mattins**
11.00am **Choral Eucharist**
3.00pm **Choral Evensong**

On Wednesday the Cathedral will be closed to visitors between 9.00am and 2.30pm while University Graduations take place. Services will take place as usual.

On Saturday the Cathedral Choir will sing Choral Evensong at St Mary & St Gabriel, South Harting, at 4.00pm. Dean Edward will preach. The service forms the start of **Harting 450**, a year of celebrations recalling the devastating fire of 1576, and the rebuilding of both the church and its worshipping community.

NOTICES

Tuesday Lunchtime Concerts This week, 10 March at 1.10pm, we welcome Clara Hope-Simpson & Phillip James Leslie (cello & piano). Entry is free, donations are welcome. Coffee is available, please bring your own mug.

Lent, Holy Week and Easter Please see the separate flyer for details of our programme of services and events.

Cathedral Fellowship Monday 16 March, 2.00pm, Vicars' Hall. *Bach's St John Passion: Structure, Symbolism and Word Painting*. Organist & Master of the Choristers Charles Harrison explores the St John Passion, its orchestral colour, its musical motifs, and how Bach brings the text to life in his music. No ticket or booking required, but donations welcome.

Calling the Holy Dusters Saturday 21 March, 10.00 – 12.30. Please come along to clean, dust and polish the cathedral in preparation for Easter. All are welcome. Meet in the South transept at 10.00 and finish with coffee together at 12.00. Vanessa Baron

Chorister Open Day Saturday 21 March, 1.30-4.30pm. Find out more about the Choristers of Chichester Cathedral at our annual open day. This event is suitable for girls and boys in Years 2, 3, 4 and 5, as well as their parent/guardians. We do not expect candidates to have any mu-

sical experience when they join the choir—we look for energy, enthusiasm and good reading skills. To book your space, or ask further questions, email chris.george@chichestercathedral.org.uk

Support The Big Breakfast Monday 23 March, 9-11 am, Vicars Hall. Come and support the work of Heart, the charity run by churches in Chichester which provide a cooked breakfast for homeless men and women every day of the week. Munch croissants, American pancakes and bacon, make new friends and make a donation to Heart. All welcome.

Friends Book After Breakfast Wednesday 15 April, George Bell House, 4 Canon Lane, Chichester. Tea, coffee & biscuits will be served at 10.00am followed by an informal talk by The Reverend Bruce Ruddock on the book "Nesting" by Roisin O'Donnell.

Friends Visit to Bletchley Park Saturday 13 June. Join the Friends for a 1940s themed day at the home of Britain's top secret World War II code breakers. The cost of the trip, by coach, is £65pp and includes entry to Bletchley Park. Depart from the Cathedral at 8.00am, return at 5.30pm.

All are welcome at Friends events. For both events above, book via www.chichestercathedral.org.uk/friends or 01243 812980 (Tuesday/Friday mornings).

Thank you from the Choir We are most grateful to Chichester Cathedral Friends for purchasing a new set of custom-made choir music folders. For many years, we have used book bindings for this purpose, because of their durable and hard-wearing properties. We hope that this new set will be in use for at least a decade.

Worthing Theological Society The final lecture of the programme will be held on Monday 23 March. Prof. Clive Marsh will speak on: "God is obviously not White, but ... Wrestling with Theology and Identity Politics." West Worthing Baptist Church, (BN14 7LU), 7.45pm. Admission free (retiring collection), all are welcome. Further information: honsecwts1@outlook.com

Holy Week

Foot washing for Maundy Thursday We are looking for twelve members of the congregation who would be willing to have their feet washed as part of our Maundy Thursday service, taking place at 7.00pm on Thursday 2 April. If you would like to take part, please contact Chris George: 01243 812488 or chris.george@chichestercathedral.org.uk

Easter Garden On Easter Eve, 4 April, from 10.00am we will be creating an Easter Garden in the St Mary Magdalene Chapel with the help of our families and young children. If you are interested, please contact Victoria Leslie on 07709 940000 or victorialeslie@yahoo.co.uk.

Easter Lilies in Memory of the Deceased If you would like a relative to be remembered this Easter, alongside the Easter Lilies, please email the names to Chris.George@chichestercathedral.org.uk

Donations towards the cost of the flowers may be made in the Cathedral or online at thyg.uk/CUU074438, or by cash to the Vergers with a note of the names to be remembered.

Music Match Funding Appeal – Nearing the Goal

As we enter the final weeks of our Match Funding for Music campaign, we are eagerly awaiting the final figures. At the end of December we had £39,000 left to raise to reach our £950,000 goal. With every donation still being doubled, this appeal supports both our rich musical heritage and its future—from training young choristers to commissioning new works—so any gift made now will have twice the impact. Thank you for your continued encouragement and support.

For more information on our appeal, or to make a donation, please call the Chichester Cathedral Restoration and Development Trust on 01243 812991 (Monday – Friday, 9am – 2pm) or scan the QR code.



Chichester Cathedral Restoration & Development Trust CIO. Registered Charity No. 1156729

Please note CAF donate whom we use for online donations will deduct a processing fee of up to 3.7% from your donation.

CONTACT INFORMATION If you have a notice relevant to the ministry and mission of the Cathedral that you would like to submit for this notice sheet, please contact: chris.george@chichestercathedral.org.uk by 5pm on Tuesday.

If you have any **safeguarding concerns** in relation to the Cathedral, please contact safeguarding@chichestercathedral.org.uk or speak to a member of our Safeguarding team [please see the website or our Safeguarding posters for more details].

If you are able to make a donation to the Cathedral...

The Parish Giving Scheme (PGS) is a secure and simple way of giving to the Cathedral by Direct Debit on a regular monthly, quarterly or annual basis. If eligible, you can opt to add Gift Aid and PGS claims this on our behalf, passing it directly back to the Cathedral.

- **Online** Visit www.parishgiving.org.uk and search for 'Chichester Cathedral'; **By phone** 0333 002 1271, Monday to Friday, 9.00 to 5.00; **By post** Using the PGS application form. A copy is available to collect from the Visitors' Desk or the Vergers' Office.